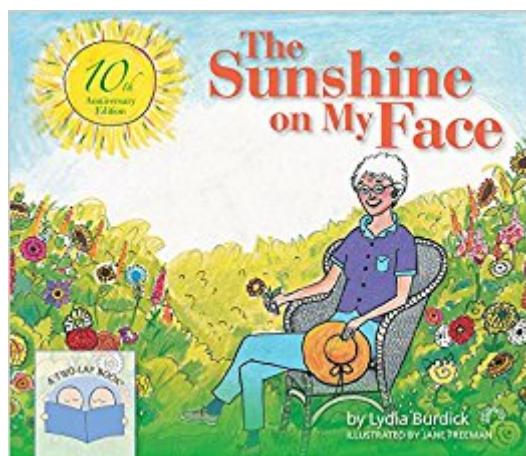


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# Two-Lap Books®: A Read-Aloud Book For Memory-Challenged Adults, 10th Anniversary Edition



## Synopsis

Reading *The Sunshine on My Face* is an instant activity no planning or preparation required! Although Alzheimer's disease and other brain disorders can interfere with communication skills, this book stimulates remaining abilities and lets you connect in positive ways. Use this book to start a conversation, encourage physical closeness, promote intergenerational exchanges with children, or provide a calming diversion. This beautiful 10th anniversary edition presents the pictures and stories that readers have come to love while introducing new content to make interactions with loved ones more meaningful. Just sit down together, open this colorful and engaging book across both laps, and begin reading, talking, singing, joking, and reminiscing. You can use this versatile book in many ways: turn to favorite pages, sing songs to match the themes, or simply read together from beginning to end. Tips on how to promote engagement with the book are provided, as well as song suggestions for each illustration. You'll find that a Two-Lap Book's appeal is universal and timeless.

## Book Information

Hardcover: 28 pages

Publisher: Health Professions Press; People with Alzheimer's disease (and other forms of memory impairment) gradually lose their ability to initiate communication with others, so this uniquely adapted book "gives voice" to these people and their caregivers and loved ones. Re-released in a beautiful 10th-anniversary edition, this first-of-its-kind book continues to help make meaningful connections through shared reading, reminiscence, and conversation using the book's large, simple text and colorful illustrations about universally appealing activities. The audience includes both family caregivers and the caregiving staff in formal care settings who are looking for purposeful, interactive activities for engaging people with moderate dementia or memory deficits. This Two-Lap Book (R) is the first in a series of picture storybooks for memory-challenged adults. edition (October 7, 2015)

Language: English

ISBN-10: 1938870573

ISBN-13: 978-1938870576

Product Dimensions: 9.6 x 0.3 x 11.1 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 7 customer reviews

Best Sellers Rank: #300,402 in Books (See Top 100 in Books) #5 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Home Care #18 in Books > Medical Books

## Customer Reviews

In working with families and professionals, *The Sunshine on My Face* has been an invaluable tool for them to engage people with advanced dementia on a one-to-one basis. The simple words, pleasant themes and colorful illustrations enable everyone to have an enjoyable experience.

--Daniel Kuhn, LCSW, Vice President of Education, All Trust Home Care (Chicago, IL)  
This book offers a unique way of sharing with someone who is living with dementia. Knowing that your loved one is there communicating with you in the moment is such a blessing! --Donna Kilgore, Executive Director, Legend at Jefferson's Garden Assisted Living (Edmond, OK)  
This book is a TRUE GEM! When reading it together with my mom who has dementia, in very little time her mood changed. She became very engaged and very ALIVE! It is a truly transformational book. --Ken Ross, family caregiver (New York, NY)

With a master's degree in Clinical Practices (psychology), Lydia Burdick's career has been in human resources. Since 1993, she has been a consultant at an international outplacement firm. Lydia wrote *The Sunshine on My Face* in the course of caring for her mother who was diagnosed with Alzheimer's disease. "One of my greatest pleasures," she says, "was sitting together with my mother and hearing her read the words from this book when she had otherwise stopped speaking almost entirely."

Thank you for this lovely book geared towards our older loved ones. My mom has Alzheimer's and she loved the pictures and story line. Not childish like other books so she could relate. We especially appreciated the caregivers section that has suggestions for an interactive story time. Great to be able to guide the experience in a non-stressful way. I wish there was a series of books by this author.

I love using this book with my mother in law. She is 94 and has dementia and it really surprises me that she can read it with me sometimes and sings with me. I am a teacher so I really appreciate the lesson plans. It gives me a means to interact and communicate with her. Thank you for both books in the series

This was not at all what I expected and it was REALLY expensive - at \$23 for something I thought I would be able to read to my mother who has dementia. I was using the electronic version and it was very small. Not sure what the hard copy looks like.

I ordered the 10th edition of, Sunshine on My Face, because it didn't mention dementia or anything related to memory difficulties on the cover. However, to my surprise, inside the 1st few pages of the book it mentions memory difficulties etc. in several places as well as on the back cover. I will return the book as my 85y/o mother, depending on the day, is very sensitive about her dementia. I would recommend changing the back cover and maybe making the 1st few pages of the book perforated. The 1st few pages have valuable info. but could be upsetting to the person with memory issues. My mother has mid stage Alzheimer. Book has cute colorful pages.

I used to read this book to my Mother who had dementia, and it really was the only book that seemed to keep her attention. It deals with day-to-day events that she could not only relate to, but see through the illustrations on each page. I highly recommend "The Sunshine on My Face" not only to facilities for memory impaired individuals, but also for caregivers at home with their loved ones. Linda Jenkins, family caregiver, Austin, TX

As an activities director in assisted living memory care, I frequently used Lydia Burdick's charming books and witnessed family caregivers as well as staff successfully sharing them with the adults who had memory impairment. Reading together and enjoying the colorful pictures of positive daily activities provides genuine opportunities for engaging interactions. Two-Lap Books are simply fabulous and require no preparation time or material to get ready.

This book is a TRUE GEM! Reading it together with my mom who has dementia, in very little time her mood changed! She became very engaged and very ALIVE! It is a truly transformational book.

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Two-Lap Books®: A Read-Aloud Book for Memory-Challenged Adults, 10th Anniversary Edition  
Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Memory Training: Train your brain to improve your memory (Unlimited Memory, Mental Health, Memory Techniques, Education & Reference, Study Skills, Memory Improvement Book 1) Wheels on the Bus Lap Book (Literacy, Language & Learning Lap Books) Through the

Seasons: An Activity Book for Memory-Challenged Adults and Caregivers (A 36-Hour Day Book) Book for Kids: The Street Where The Dollar Tree Grew -Read Aloud,Read Along,Picture Book for Kids 3-10,Imagination & Play,Funny & Values, Learning Values,Early Reader: Fables for Kids - Boys Book 3-9 Memory Repair Protocol - Improve Your Memory: Powerful Strategies To Enhance Your Memory - The Ultimate Guide to Unleash Your Brain's Potential (memory loss Book 1) Memory: Boost Your Memory with Easy Exercises - Improve Your Mental Focus in Everyday Life (FREE BONUS INCLUDED) (Improve memory, improving memory, remembering more, productivity improvement) Better Memory Now: Memory Training Tips to Creatively Learn Anything Quickly, Improve Memory, & Ability to Focus for Students, Professionals, and Everyone Else who wants Memory Improvement Read All About It!: Great Read-Aloud Stories, Poems, and Newspaper Pieces for Preteens and Teens Guest Book 50th Wedding Anniversary: Beautiful Ivory Guest Book for 50th Wedding Anniversary, Golden Anniversary Gift for Couples How to Improve Your Memory and Remember Anything: Flash Cards, Memory Palaces, Mnemonics (50+ Powerful Hacks for Amazing Memory Improvement) (The Learning Development Book Series 7) The Jesus Storybook Bible, Read-Aloud Edition: Every Story Whispers His Name The Read-Aloud Handbook: Seventh Edition The 20th-Century Children's Book Treasury: Picture Books and Stories to Read Aloud Bedtime Bible Story Book: 365 Read-aloud Stories from the Bible God Loves You!: A Read-Aloud Coloring Book about God's Plan for Salvation (Coloring Books) Loving Voice: A Caregiver's Book of Read-Aloud Stories for the Elderly Quantum Memory: Learn to Improve Your Memory with The World Memory Champion! Hit List for Young Adults 2: Frequently Challenged Books

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